Table of contents

Preface
Introduction
Section 1: Codes, Standards, and Regulations
Chapter 1. Codes and Standards
Chapter 2. Government Regulations
Section 2: Engineering Principles
Chapter 3. Basic Machines
Chapter 4. Wood Technology
Chapter 5. Wood Structural Members
Chapter 6. Metal Structural Members
Chapter 7. Useful Formulas, Tables, and Conversion Factors
Section 3: Worksite Preparations
Chapter 8. Protection of Worksite, Adjacent Areas, and Utilities
Chapter 9. Support Systems
Section 4: Rigging Systems
Chapter 10. Fiber Rope (Cordage)
Chapter 11. Knots, Bends, Hitches, and Splices
Chapter 12. Slings and Hitchez
Chapter 13. Fiber Rope Slings and Synthetic Fiber Web Slings
Chapter 14. Wire Strand Rope
Chapter 15. Wire Rope, Metal Mesh, and Chain Slings
Section 5: Rigging Devices
Chapter 16. Connections, Fittings, and End Attachments
Chapter 17. Sheaves
Chapter 18. Reieving Blocks and Tackles
Chapter 19. Winches and Drums
Section 6: Rigging Tools
Chapter 20. Hand Tools and Portable Power Tools
Chapter 21. Welding and Cutting
Chapter 22. Jacks, Rollers, and Air Skids
Section 7: Lifting and Hoisting Machinery
Chapter 23. Derricks and Cranes
Chapter 24. Forklifts
Chapter 25. Portable Overhead Hoists
Chapter 26. Personnel/Material Hoists
Chapter 27. Helicopters
Section 8: Scaffolding and Ladders
Chapter 28. Scaffolding Systems
Chapter 29. Swinging or Suspended Scaffolds
Chapter 30. Stationary Scaffolds
Chapter 31. Specialized Scaffolds
Chapter 32. Safe Scaffolding Practices and Glossary
Chapter 33. Portable Ladders
Section 9: Protective Equipment and Devices
Chapter 34. Personal Protective Equipment
Chapter 35. Protective Devices
Section 10: Safety, Health, and Security
Chapter 36. Personal Safety and Health
Chapter 37. Project Safety and Security
Chapter 38. Fire Safety
Appendix A: Bibliography
Appendix B: Acronyms
Appendix C: OSHA Regulations
Appendix D: Government Agencies
Appendix E: Construction Safety and Health Standards (ANSI, ASME, AWS, NFPA, SAE, UL)
Appendix F: Standard Writing Resources
Appendix G: Document Distributors
Appendix H: Industry Resources
Index