

**ANSI®**  
**ANSI/ASS Z359.0 – 2007**

**American National Standard**

**Definitions and Nomenclature Used  
for Fall Protection and Fall Arrest**

Secretariat

**American Society of Safety Engineers**  
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**American National Standards Institute, Inc.**

|                 |   |      |
|-----------------|---|------|
| <b>Contents</b> | SECTION.....  | PAGE |
|                 | 1. Scope, Purpose, Application, Exceptions, and Interpretations ..... | 8    |
|                 | 1.1 Scope .....   | 8    |
|                 | 1.2 Purpose & Application.....  | 8    |
|                 | 1.3 Exceptions.....   | 8    |
|                 | 1.4 Interpretations .....   | 9    |
|                 | 2. Definitions.....   | 9    |
|                 | 3. List of Acronyms.....  | 42   |

**STANDARD REQUIREMENTS**

**EXPLANATORY INFORMATION**

*(Not part of American National Standard Z359.0)*

**1. SCOPE, PURPOSE, APPLICATION, EXCEPTIONS, AND INTERPRETATIONS**

**1.1 Scope.** This standard establishes the definitions and nomenclature used for the Z359 Fall Arrest Code.

**1.2 Purpose and Application.**

**1.2.1** This standard addresses definitions and nomenclature for the Z359 Fall Arrest Code.

**1.3 Exceptions.**

**1.3.1** The scope of this standard does not include the construction industry (SIC Division C), window cleaner belts, or sports-related activities.

**1.3.2** Body belts, window cleaner belts, chest-waist harnesses, and chest harnesses, even when referred to as body supports, are not addressed by the provisions of this standard.

**1.3.3** Systems that incorporate horizontal lifelines and personal protective systems for activities such as climbing, man riding, travel

**E1.3.2** Chest-waist harnesses refer to harnesses consisting of separate waist and chest components that are not integral as defined by this standard and that form a full-body harness when combined.

**E1.3.3** This paragraph recognizes that some fall protection equipment meeting the requirements of this standard may have

restriction, work positioning, rescue, and evacuation may suitably incorporate components or subsystems specified herein. When incorporated into such systems, however, those systems, subsystems, and components are not within the scope of this standard.

**1.3.4** Variance from the requirements of this standard is permissible in isolated instances of practical difficulties when applying it at the user level, but only when it is clearly evident that an equivalent degree of protection is implemented.

**1.4 Interpretations.** Requests for interpretations of this standard shall be in writing and addressed to the Secretariat of this standard.

multiple uses, making the equipment suitable for other uses. In such cases, the equipment must be evaluated according to its use, and the requirements of this standard are not applicable.